



Sports Leadership 9-12 (Both Schools)

Promotes all students regardless of athletic ability to be active and involved in sports through coaching, organizing, volunteering and refereeing. Students will be involved in organizing community sports and well as at other schools for younger ages. This class is out of time table.

Sports Science Program 12 (Carihi)

This course focuses on the anatomy of human movement and how various systems contribute to physical performance. This is a linear course all year long alternating between PE 11/12 and Specialized Science 12 (Kinesiology).

Ignite High Performance Development (Carihi)

This course introduces students to a high performance lifestyle improving their athleticism, physical literacy, and fitness through multi-sport training program which compliments the needs of the athletes chosen sport. This is an extra fee course and runs outside of the time table two mornings a week and one afternoon a week.





Sport PE Classes & High Performance Sports

Recreational Physical Education Classes:

For students who love these sports and want to build a solid foundation in their chosen sport

Baseball PE Boys & Girls 9-12 (Carihi)

Basketball PE Boys & Girls 9-12 (Both Schools)

Volleyball PE Boys and Girls 9-12 (Both Schools)

Soccer PE Boys and Girls 9-12 (Carihi)

High Performance Sports Academies for Boys and Girls Grade 11 & 12

These courses are for an experienced player who already plays on a community team. These are physically challenging courses that challenges to anaerobic and aerobic systems. Guest Coaches and specific sport related seminars will be provided. These courses have an additional fee.



Hockey (First Semester - Both Schools)

Soccer Boys (First Semester)

Soccer Girls (Second Semester)

Basketball (First Semester - Both Schools)

Volleyball (First Semester - Both Schools)

Baseball (Second Semester - Carihi Only)



****Specialty Programs and Sports Academy Fees are subject to change and will be confirmed upon student's confirmed registration in the course. Fees are payable upon student arrival to Campbell River**